

How does the TOTSUP iOS app work?

The iOS app is designed to provide continuity of praise and reward outside of the home, it's a great way of continuing to encourage the positivity of the red bus reward chart when you're out and about.

You can personalise the app with a photo of your child and by inputting the reward they are working towards.

The passengers begin on the bus stop. Each time your child successfully achieves a pre-agreed target, they may place a passenger of their choice on to the bus. Once all 10 passengers are on board, their achievement should be celebrated with a pre-agreed reward.

For a reward chart to be effective, it should be used consistently. You should be clear with your child about what they must do in order to place a passenger on their bus, as well as their reward for filling the bus.

What can the TOTSUP iOS app be used for?

The TOTSUP Big Red Bus can be used to encourage and reward whatever positive behaviours you would like to see. These could include:

- Bedtime routines, staying in bed and night-waking
- Potty training or toileting
- Brushing teeth and washing hands
- Getting dressed and undressed
- Manners
- Sharing, being kind, playing nicely
- Eating, sitting at the table, trying new foods
- Giving up a dummy, bottle, or comforter
- Tidying up and/or putting away toys

The reward chart could also be used for dealing with tantrums, rough play, and other behavioural issues. These are some suggestions. Essentially the Big Red Bus can be applied to anything you want your child to achieve.

